



FOR EXCELLENCE IN MIAMI-DADE PUBLIC SCHOOLS

2020-2021

Ideas With **IMPACT**

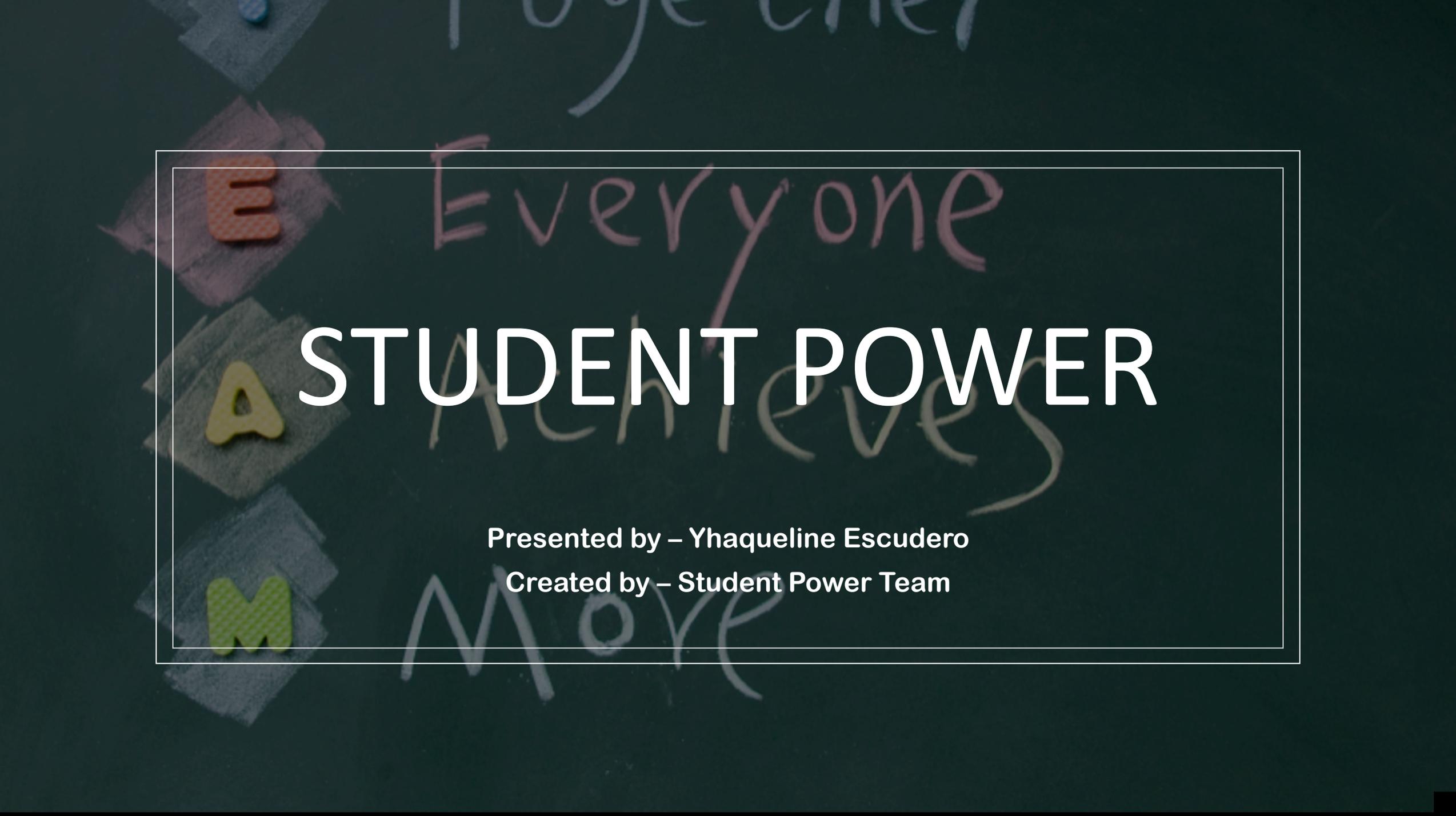


idea packet

sponsored by:



Student Power



STUDENT POWER

Presented by – Yhaqueline Escudero

Created by – Student Power Team

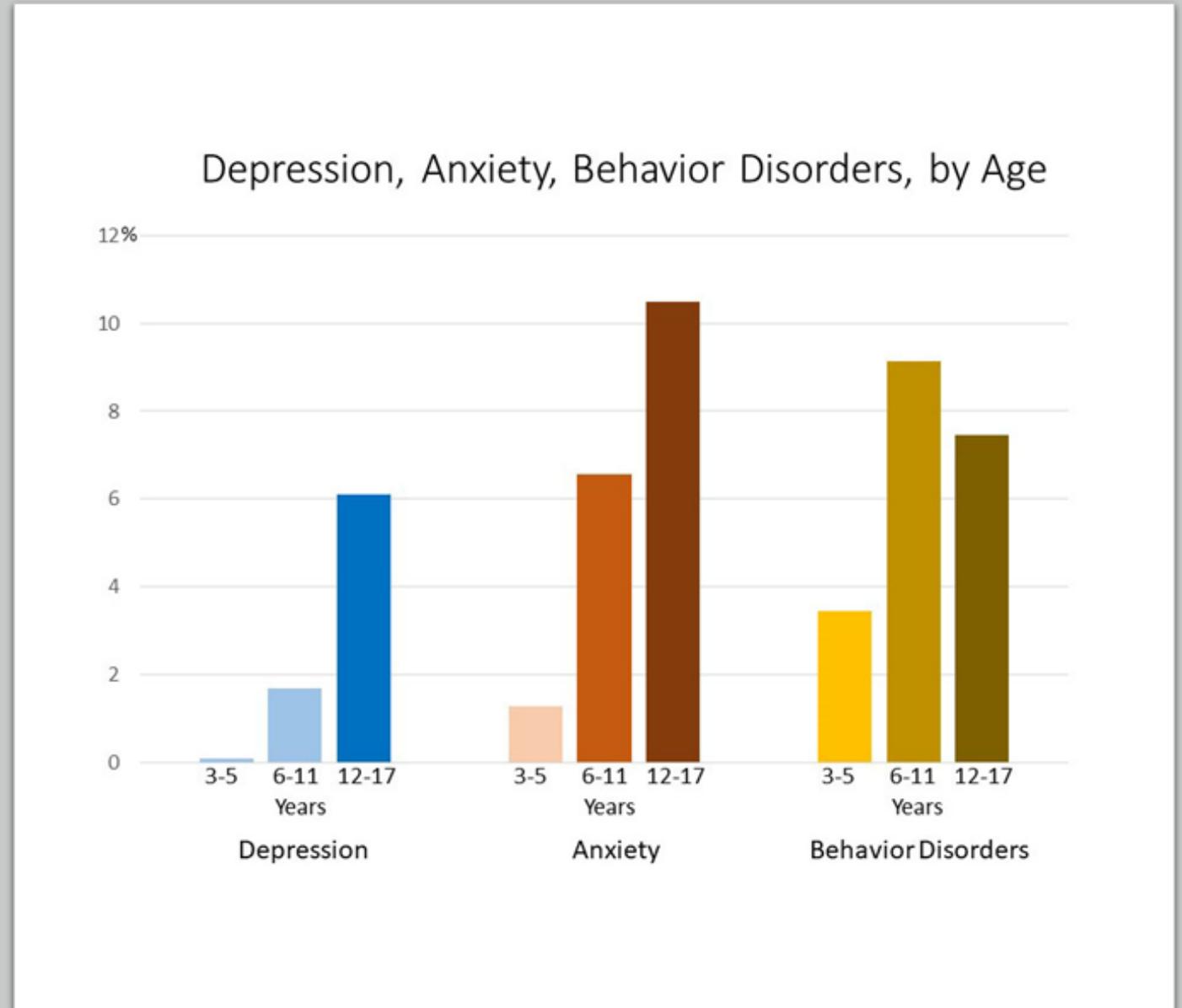
THE CREATION OF STUDENT POWER AND WHAT WE DO

Student Power was created to find solutions to the problems in our communities. We chose to focus on the lack of Mental health resources

Student Power collected data, research, created a program and have found solutions for the schools in Miami Dade and our community so they can have Mental health resources

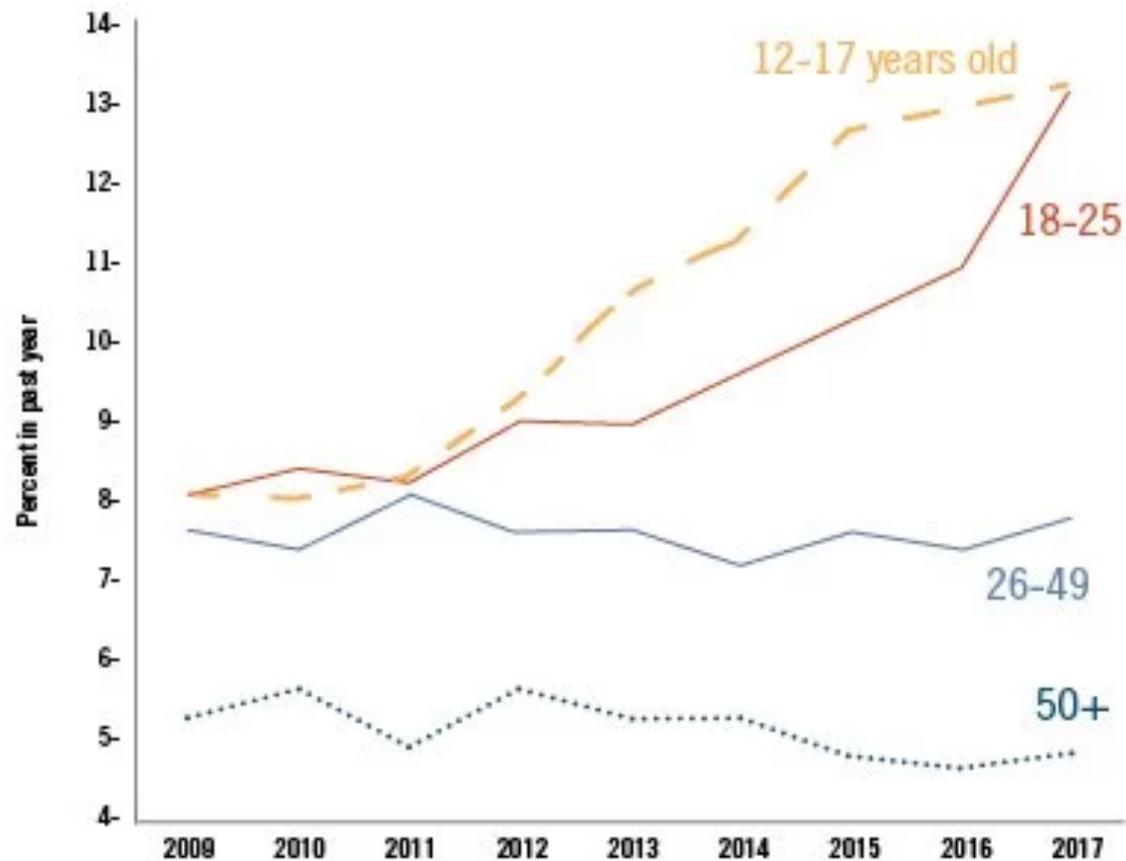
RESEARCH WE HAVE COLLECTED

- [19.1%](#) of U.S. adults experienced mental illness in 2018 (47.6 million people). This represents 1 in 5 adults.
- [4.6%](#) of U.S. adults experienced serious mental illness in 2018 (11.4 million people). This represents 1 in 25 adults.
- [16.5%](#) of U.S. youth aged 6-17 experienced a mental health disorder in 2016 (7.7 million people)
- [3.7%](#) of U.S. adults experienced a co-occurring substance use disorder and mental illness in 2018 (9.2 million people)



STUDENT DEPRESSION ON THE RISE

An analysis of a federal survey shows increasing rates of teen and young adult respondents reporting a major depressive episode in the last 12 months. Rates have stayed more consistent among older adults.



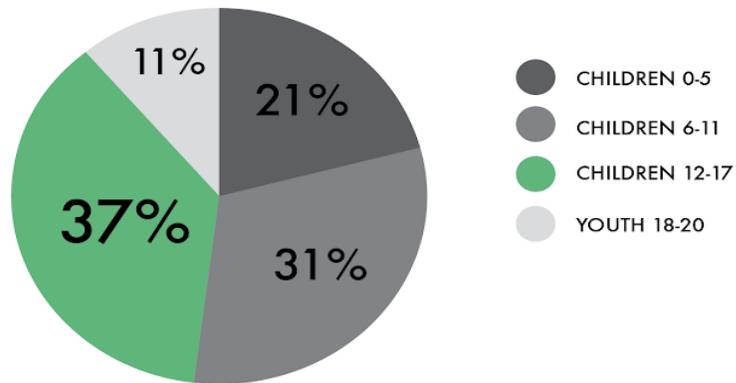
SOURCE: Journal of Abnormal Psychology

EDUCATION WEEK

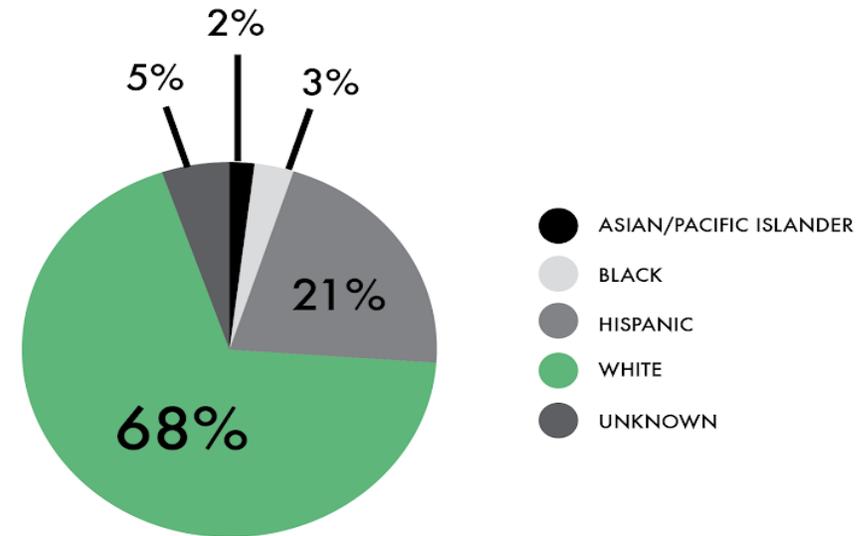
THE PERCENTAGE OF RACE AND AGE WHO RECEIVE SMHS

CHILDREN AND YOUTH WHO RECEIVE ONE+ SMHS

BREAKDOWN FROM 2013-2014

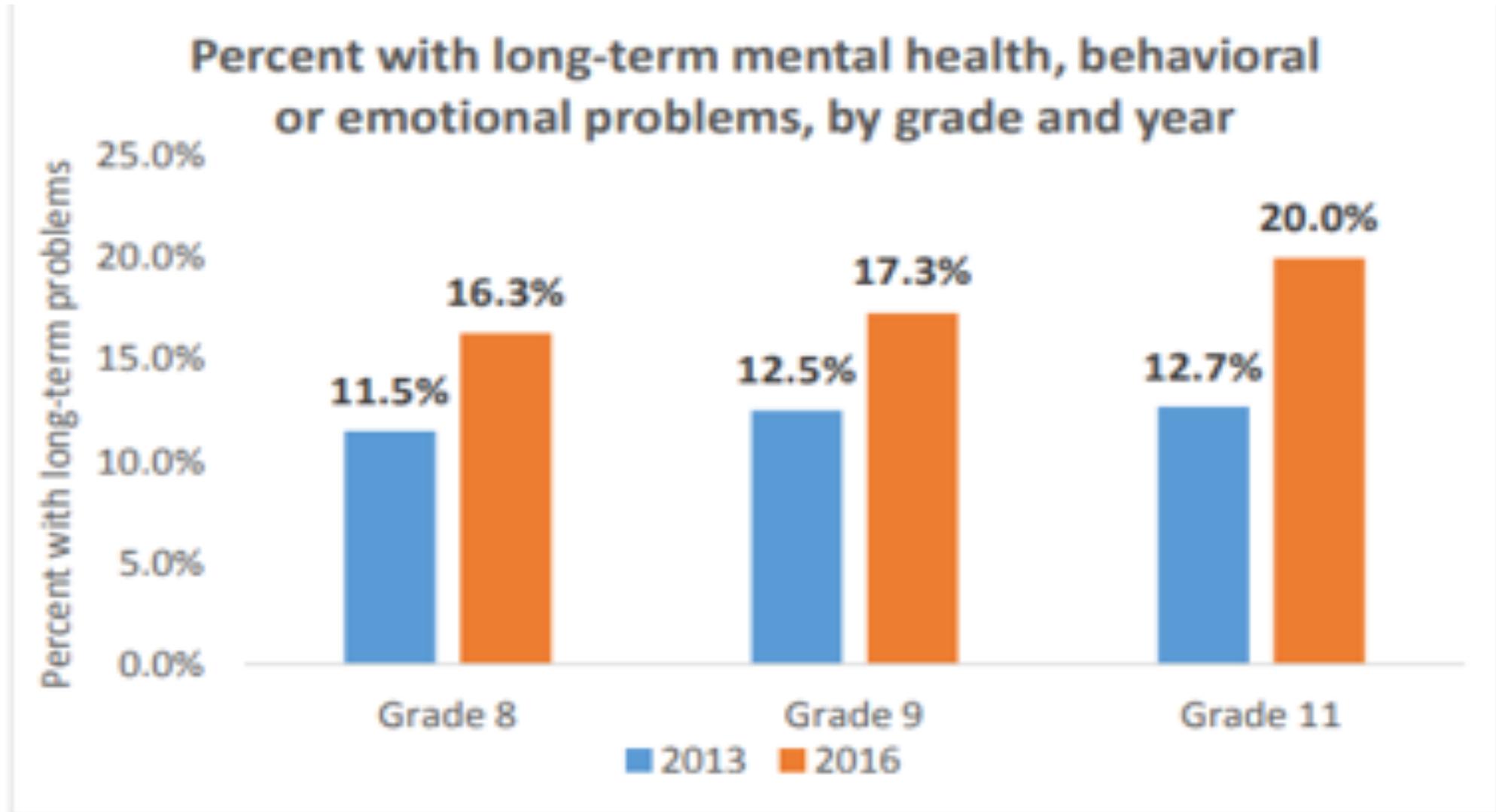


AGE GROUPS



RACE AND ETHNICITY

THE NUMBERS ARE INCREASING

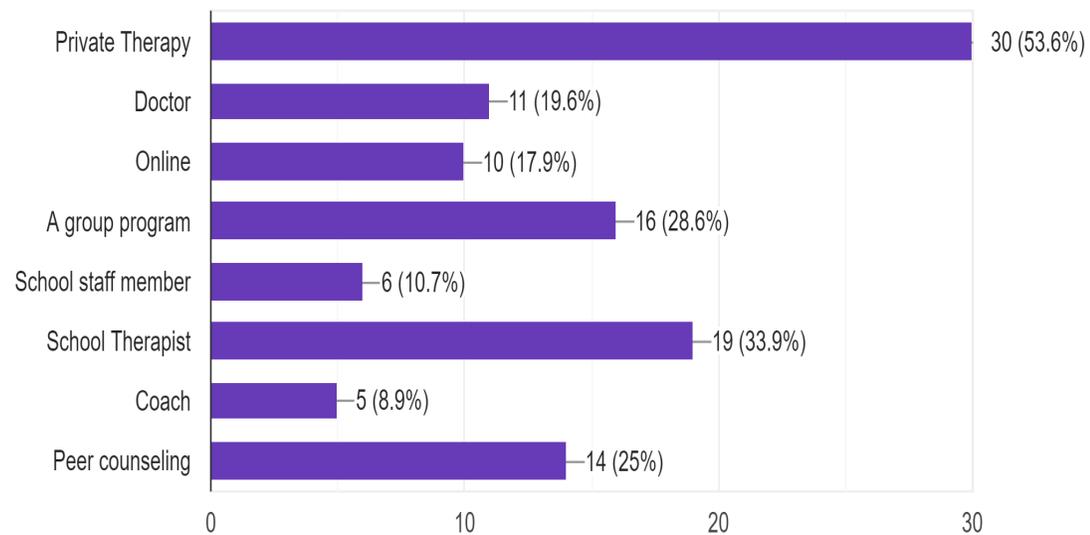


Location of information is at the end of the presentation

DATA COLLECTED FROM THE SURVEYS

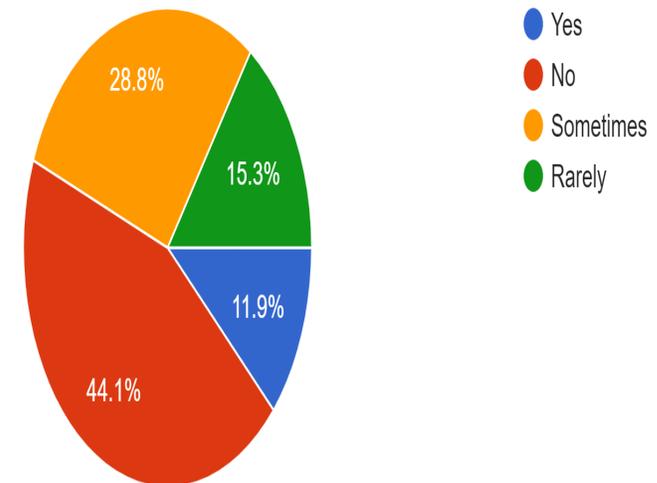
If you don't have support but wish you could have, what sort would you have liked?

56 responses



Do you feel supported during times of stress or duress while attending school?

59 responses





STUDENT POWERS PROGRAM GOALS

- **Decrease the incidence of Mental health concerns**
- **To provide an outlet to reduce Mental health issues**
- **Raise awareness for Mental health concerns in the community**
- **Raise the student voice in public discourse**
- **Propose public policy solutions that address community Mental health concerns**

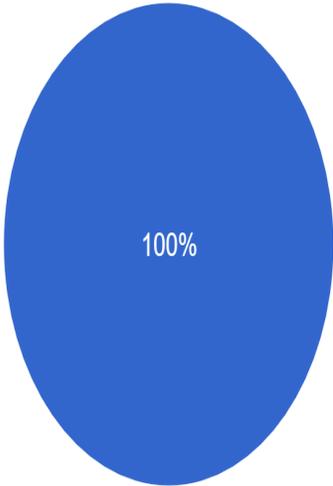
PILOT PROGRAM FOR MENTAL HEALTH GROUP THERAPY



THE RESULTS OF THE PROGRAM

From your experience do you believe we should carry this on to a higher level?

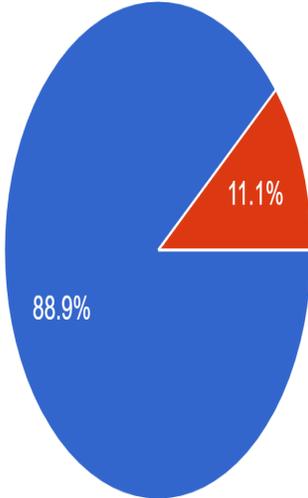
9 responses



● Yes
● No

Would you participate in this program again?

9 responses



● Yes
● No

SOLUTIONS FOR THE LACK OF MENTAL HEALTH RESOURCES

THE SOLUTIONS TO THE PROBLEM

- Hire a full-time mental health professional in schools 5 days a week
- Mental health Awareness Day once a month. Students would dress up in green and teachers would talk about tips and the importance of keeping your mental health a priority
- The long-term solution is to provide free or low-cost counseling sessions to families of students and the surrounding community.
- Training for Teachers to become listeners through The Listeners/Oyentes Program
- Peer led group sessions

every
great
solution

needs
a

great
problem.

Starting with the solutions we would need to raise funds for schools to be able to provide a counselor five days a week

IDEAS FOR FUNDRAISING

- Donations (such as Mental Health America or create a donation page)
- Sponsors
- Fundraisers
- Events to raise money (Events like auctions and galas)
- Car washes

fundraising

STUDENT POWER TEAM

- Lynn Augustin
- Ms. Allen
- Marie Bastien
- Hanniel Breus
- Yhaqueline Escudero
- Nadrige Etienne
- Bianca Flores
- Ivyon Lugo
- Love Oliver
- Leonardo Ordonez
- Iverson Pierrelouis

